

Site Visit 4: Natl Institute of TB and Respiratory Diseases

12 March, New Delhi

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Description

The National Institute of TB and Resp. Diseases (NITRD) Institute provides expert medical care for people with tuberculosis as well as other respiratory disorders. The Institute has a 470 bedded hospital and an Out Patient Department with an average attendance of 600 patients per day. In addition to daily TB & respiratory OPD, it has specialized clinics for lung cancer cases, HIV medicine, sleep medicine, allergic disorders and tobacco cessation. The Thoracic Surgery department is one of its kinds in the country with people with TB being referred even from neighboring countries. Furthermore, it provides intensive care to serious respiratory cases and is the only centre which provides critical care services for sputum positive TB people. The Institute has a State-of-the-art negative pressure ward for hospitalizing people with MDR-TB and a 40-bedded private ward as well. The Institute also provides outreach facilities for diagnosis and treatment of tuberculosis at the door step of the people affected by TB and their communities.

Health Dispensary:

Located in the NITRD itself. It is an urban health centre and offers health **services exclusively on detection and treatment of TB both adult and pediatric and associated Research activities**. More information will be given during the tour. Participants will be able to look at the Department, talk and interact with Dr. Rupak Singla. This department also has Out Patients Department where the participants could interact with people affected.

The Institute has all types of laboratories associated with the Chest Diseases and the participants are free to choose any of the laboratories within the Institute to choose and visit and interact with the Head of the Laboratories, technical staff and on the nature of activities.

Logistics & Practical Information

Participants should note the following:

- Participants should arrive in New Delhi a day prior the visit, on Sunday 11 March 2018;
- March is the dry season and it may not be very hot and participants should wear appropriate clothes;
- A lunch will be provided at the end of the site visit (around 12:30 pm) in NITRD itself.
- Water and snacks will be available in all vehicles;
- During the morning visit (from 8 am to 1 pm) tea, coffee will be provided. Restrooms available.

Site Visit Schedule:

approx.. time	Activity
8:15	Departure from Hotel
9:00	Arrival at the NITRD Institute (Shri. Aurobindo Marge, New Delhi-110030)
9:10	Welcome by the Director to all the participants and the visit starts.
12:45	Lunch at NITRD
13:45	Departure NITRD
14:30	Return to the Hotel or Possibility to visit Lal Quila (Red Fort) site

Minimum number of participants: A maximum of 10 participants in total.

Total Distance from New Delhi city center: 13 Kms